



August 24th - 31st 2019

**Olympism at school.
It must be encouraged!**





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Programme of the 12th International Coubertin Youth Forum

Saturday, 24th August

	Arrival of the delegations	16:00	Discipline of the Coubertin Award: Knowledge Test
19:00	Dinner		
20:00	Social Evening – Getting Together	17:00	Free time / Preparation for the Mini-Expo
21:00	First teachers' meeting	19:30	Dinner
23:00	Bedtime	20:00	Mini-Expo
		22:00	Teachers' meeting
		23:00	Bedtime

Sunday, 25th August

08:00	Breakfast
09:00	Lecture by Prof. Dr. Stephan Wassong and Dr. Ines Nikolaus
11:00	Visit of Mâcon
13:00	Lunch
14:00	Preparation for the Opening Ceremony/ Free time
16:30	Planting of a Tree
17:00	Opening Ceremony
19:30	Dinner
20:30	Disco
20:30	Teachers' meeting with the Mayor
23:00	Bedtime

Tuesday, 27th August

07:15	Morning gymnastics
08:00	Breakfast
09:00	Discipline of the Coubertin Award: Sports Tests - Technical Disciplines: Sprint, Long jump, Wheelchair boules, Swimming
12:30	Lunch
13:30	Free time
14:30	Discipline of the Coubertin Award: Group Discussion 2: Citius, Altius, Fortius - Striving for Excellence
14.30	Teachers' meeting Exchange on Olympic education activities at the home schools

Monday, 26th August

07:15	Morning gymnastics	16:00	Discipline of the Coubertin Award: Arts Workshop 2
08:00	Breakfast		
09:00	Discipline of the Coubertin Award: Arts Workshop 1	17:30	Improving your sporting abilities: Basketball / Volleyball / Rugby / Wheelchair Table Tennis / Badminton / Aerobics
11:00	A popular French sport: Boules / Swimming	19:30	Dinner
13:00	Lunch	20:00	Singing songs at the camp fire
14:00	Discipline of the Coubertin Award: Group Discussion 1: Fairplay	23:00	Bedtime

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Wednesday, 28th August

08:00	Breakfast	9:45	Teachers' meeting / Survey on the Forum and discussion on the cooperation in the Network of Coubertin Schools in the future
09:00	Discipline of the Coubertin Award: Sports Tests - Cross-country race		
12:00	Lunch	13:00	Lunch
13:30	Discipline of the Coubertin Award: Arts Workshop 3	14:00	Preparation for the Closing Ceremony / Free time
16:00	Discipline of the Coubertin Award: Group Discussion 3: Friendship - Sport is a language that everyone speaks and it can provide a bridge across cultural barriers	16:00	Closing Ceremony
		19:00	Dinner
		20:00	Farewell Party
17:30	Free time / Rehearsals	23:00	Bedtime
19:00	Dinner		
20:00	Presentation of the results of the arts workshops		
23:00	Bedtime		

Saturday, 31st August

08:00	Breakfast
	Departure of the delegations

Thursday, 29th August

07:30	Breakfast
08:00	Visit of the medieval town of Cluny
17:00	Preparation for the Parade
18:00	Dinner
19:00	Parade through the town and performing dances from the participating countries
23:00	Bedtime



Friday, 30th August

07:15	Morning gymnastics
08:00	Breakfast
08:45	Survey on the Forum (participants)
9:45	Improving your sporting abilities 2 / Resit sports competitions: ergometer

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Message for the 12th International Coubertin Youth Forum

Dear Young Participants,



125 years ago, on the 23rd of June 1894 at the University of Sorbonne in Paris, Pierre de Coubertin founded the International Olympic Committee and revived the Olympic Games. The 12th International Coubertin Youth Forum is therefore taking place at a significant time for the Olympic Movement. It is a most timely moment to hold this Forum and what better place to do so than in the home country of our founder.

For Pierre de Coubertin, the Olympic Games were always much more than just a sporting event. He was an educator himself, so from the very beginning, sport and education were linked to the Olympic Games. The theme of this year's Forum – "Olympism at school. It must be encouraged" – is a perfect reflection of the fundamental and positive connection between sport and education.

Pierre de Coubertin wanted to make the world a better place through sport and this remains the overarching mission of the IOC and the Olympic Movement to this day. This is why the 12th International Coubertin Youth Forum is a wonderful opportunity for you to discuss the enduring relevance of the Olympic Games in our times and the importance of the Olympic Values in our world today.

My thanks and gratitude go to the International Pierre de Coubertin Committee and the French Pierre de Coubertin Committee, for making this Forum an unforgettable experience. All of you, the Young Participants, play an important role as well. You represent the future. You are the next generation who will adapt and interpret what the Olympic Values mean for you. When you return home after this Forum, I encourage you to take this Olympic spirit with you and share it with your friends and family. In this way, you will help to promote the universal values of the Olympic Games, which Pierre de Coubertin revived 125 years ago.

Dr. Thomas Bach
IOC-President

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Burgundy, Mâcon and the COM

The Burgundy-Franche-Comté is a region located in the center-east of France with varied landscapes of vineyards, woods, hills and mountains. We owe it the recipe for escargots and gingerbread! This is the very region that the CIPC chose to conduct the 12th edition of the International Pierre de Coubertin Youth Forum. This project, whose preparation lasted for about two years, was carried out in close collaboration with the CDOS 71.



During the forum, the participants stayed and competed in the city of Mâcon, in the beautiful département of Saône-et-Loire. Only 40 minutes away from Lyon, Mâcon draws the line between the Rhône Valley and Burgundy. With its charming historic center, the city offers a festive and distinctive atmosphere. Many concerts, markets and other activities are held on the banks of the Saône River, which runs through it.



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The participants of the 12th International Pierre de Coubertin Youth Forum were lucky to spend a whole week in this city. They were hosted by the Centre Omnisport de Mâcon (COM), located directly on the riverfront. The site provides a remarkable sports park, facilities for arts and culture and it immediately won the hearts of all participants and organizers. In addition to its catering and accommodation services, the COM benefits from a great team, always available and responsive, who warmly welcomed us!



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Opening Ceremony – Speech by the CIPC President

Respected Mayor and Representatives of Public Authorities,
Respected Representatives of Comité national olympique et sportif français and the 2024 Olympic Organising Committee,
Distinguished honorable guests and organisers of the International Youth Forum
Dear participants,

It is my pleasure to address you in my function as President of the International Pierre de Coubertin Committee and to welcome you to the 12th International Coubertin Youth Forum. It is an honour for me to be here and to share with you the moment of the opening ceremony and the activities of the Forum week.

The year 2019 and the host country of the Forum have a special meaning. The Forum is taking place in the home country of Pierre de Coubertin on the 125th anniversary of the rebirth of the Olympic Games. It was on the 23rd June 1894 in Paris when the International Olympic Committee was founded and when Coubertin introduced his concept of the Olympic Games as an educational undertaking.

The motto of this Youth Forum is: "Olympism at school. It must be encouraged." This was Coubertin's statement that he made as early as in 1934. But it does not belong to the past. It has its relevance today and we have to translate Coubertin's ideas which he developed in the fading 19th Century and at the beginning of the 20th Century into our times. A 'measured' contemporary reading/understanding of Coubertin is required in order to stress the relevance and sustainability of his ideas today. It contributes to further stress the educational objectives of the Olympic Movement and defuses the misinterpretation that today's Olympic Movement and Olympic Games have been alienated from their founding ideas.

The Forum is an ideal educational platform for the dissemination of Olympism today. The teaching and experience of values linked with Olympism are so relevant for a well-rounded educational process for youth leading to both individual character education and the development as well as mutual respect between nations. Indeed, the Olympic values are coining the uniqueness of the Olympic Movement.

It was the idea of Coubertin to strengthen the synergies between sport, education and culture. You will experience this synergy at the Youth Forum and understand its importance by taking part in sport competitions, cultural performances and workshops. This will strengthen your appreciation of Olympic values and you will recognize their importance in your personal development and in your contribution to the society.



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The Forum is a vehicle that offers a learning process based on values and it is vital for safeguarding and strengthening responsibility, tolerance and mutual respect. The Forum is a central pillar of what we consider Olympic Education. Thanks to this, the Forum is highly appreciated by the International Olympic Committee and its Olympic Education Commission. There is no doubt that the Olympic Education is at the heart of the Olympic Movement and coins its uniqueness. This was the idea of Coubertin and you as participants of the Youth Forum can help to realize it.

When you go back to your schools in your home countries the knowledge and experience on Olympic values which you have gained at the Youth Forum will remain with you. This will make you multipliers of the Olympic spirit which you will incorporate in your daily life. You will support the building of a better world through sport. This is the overall objective of the Olympic Movement and of the International Olympic Committee.

Many thanks to the French Pierre de Coubertin Committee and to the Centre Omnisports Mâcon, the host of this Youth Forum. Additionally, I thank all educators and volunteers whose efforts and strong belief in Olympism make the Youth Forum an unforgettable educational experience for all participants. The International Pierre de Coubertin Committee expresses its respect and gratitude to the organizers of the Youth Forum. It is my sincere pleasure to hand over this Coubertin bust to Mr. Bernard Ponceblanc as a present from the International Pierre de Coubertin Committee. The bust is for the Centre Omnisport and will serve as a permanent reminder of the wonderful Youth Forum.

Prof. Dr. Stephan Wassong
President of the International
Pierre de Coubertin Committee



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Speech by the President of CDOS 71

Here we are, all reunited on the occasion of the 12th international Youth Forum of the Coubertin Schools from five continents.

Thanks to the support of the Département Saône-et-Loire, the city of Mâcon, the French Pierre de Coubertin Committee, state services and the regional council of Bourgogne-Franche-Comté, we are very happy to welcome you, young students of the Coubertin Schools. We would love to thank your teachers for their commitment during the coming eventful week.

This Forum is organized at the Omnisport Center of Mâcon (Centre Omnisport de Mâcon) and stands under the theme "Olympism at school. It must be encouraged!". Thank you to the city of Mâcon for providing their sport equipment.

Thank you to Ines Nikolaus, vice-president of the international Pierre de Coubertin Committee and to her team for choosing the Département Saône-et-Loire and its city of Mâcon to be the center of the world for eight days, thank you to Mr. Stephan Wassong and to Mr. Leclercq for their involvement during this Forum.

After le Havre in 1997 it's the second time that France welcomes the Forum.

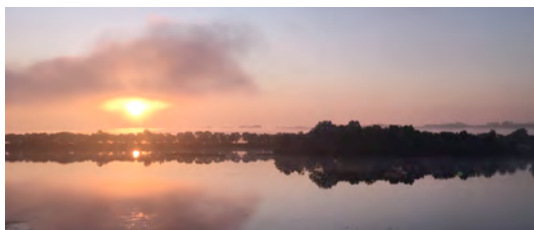
Five categories had been considered:

Sport, art, discussion groups about Olympic values and the heritage of Pierre de Coubertin, knowledge test about the Olympics and Pierre de Coubertin itself and social commitment in the daily life.

We will work together with three associations: the ESA (European Sport Association) of Dijon, the members of the Légion d'Honneur and the Association of the National Order of Merit of Saône-et-Loire.

As proposed by the CIPC, young people will be supported by other young people coming from the Lycée Lamartine and the Departmental Committees of Saône-et-Loire.

The team of the Departmental Olympic Committee of Saone-et-Loire will lead them and will guide all of you during the week. I wish them good luck.



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We wish you all a great stay and long live Pierre de Coubertin.

Bernard Ponceblanc
President of Departmental Olympic
Committee Saône-et-Loire



Planting of a tree



Opening Ceremony



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Welcome to the participating schools at the Opening Ceremony

by Manon Facon and Marie Lou Noirost

Good afternoon, Buon giorno, Dobrý deň, Kalimera, Guten Tag, Selamat sejahtera, Head päeva, Tere, Bonjour à tous ! Que de langues différentes !

Dear Participants, dear Colleagues, dear Lecturers, Volunteers and distinguished Guests and Friends, The International Pierre de Coubertin Committee is very honoured to hold the 12th International Youth Forum of Coubertin Schools here in Mâcon, France.

This is indeed an extraordinary place for our Forum due to three reasons:

1. CDOS 71 has been an active member of our Network since 2015 and very successful in spreading and promoting exemplarily the Olympic ideals, formulated by its founder, Pierre de Coubertin.
2. Our host has been the organiser of many School Olympic Games and sports events and has also brought up famous sportsmen and women.
3. Mâcon is situated in a picturesque landscape and has a long tradition in educating youths. It's a small town with lovely places, where nobody can get lost and stay alone...

Now we come to the most exciting part of our Opening Ceremony: The presentation of the participating delegations.

Let us take you on a journey around the globe and let you see where all the youths of our international community come from. This time 25 delegations from 23 countries, representing four continents, have arrived!

It's a great pleasure to welcome for the third time two schools representing South America: firstly, the Colegio Padre Ramon from De La Quintana San Fernando Del Valle De Catamarca in [Argentina](#), nearly 12,000km from here. The Argentinian participants came here as young ambassadors for the YOG which was held in Buenos Aires last year:

[Ana Lucia Sosa](#), [Mariano Guzmán Acosta](#), [Maria de los Angeles Camaño](#).

Secondly, we are very proud to have a representative from the host country of the last Olympic Summer Games among us: a team from Escola de Educação Básica da URI Erechim in [Brazil](#). They travelled 11,000km to come to join us for our Youth Forum:

[Rafaela Dumke](#), [Gabriela Miotto Mustefaga](#), [Naiane Ronsoni Rigo](#), [Enzo Werlang Bonassi](#), [Edenir Serafini](#).

Next we welcome the host school of our 5th Youth Forum, the Pierre de Coubertin BORG [Radstadt, Austria](#). Here are its seven students with their teacher:

[Barbara Vincetic](#), [Sophia Pewny](#), [Marlene Stauder](#), [Clara Rettenegger](#), [Jonathan Hauss](#), [Marian Mitterstrasser](#), [Samuel Schnepfleitner](#), [Christoph Wohlschlager](#).

The second Austrian group comes from [Unterwaltersdorf](#) near Vienna. A warm welcome to all its participants: [Johannes Bauer](#), [Leonie Lichtneger](#), [Irina Maier](#), [Christina Pöschl](#), [Lukas Tüchler](#), [Anna Wallner](#), [Barbara Weghofer](#), [Christine Pöschl](#).

Let's warmly welcome our Czech friends from Gymnázium Pierra de Coubertina [Tábor](#), host school of the perfectly organised 6th Youth Forum in 2007:

[Matyáš Stibál](#), [Štěpán Michálek](#), [Václav Maštera](#), [Stanislav Novák](#), [Anežka Zdražilová](#), [Kateřina Jůzová](#), [Eliška Říhová](#), [Zuzana Šmídová](#).

The next group comes from Gymnázium Pierra de Coubertina [Piešťany](#), host school of the jubilee edition of our Youth Forum in 2015. A warm welcome to all participants of the Slovak team:

[Barbora Bláhová](#), [Tereza Kublová](#), [Natália Pločeková](#), [Ema Višňovská](#), [Adam Aponyi](#), [Andrej Beňačka](#), [Juraj Štefanka](#), [Eva Corticelli](#).

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It is a great pleasure to have again Ülenurme Gümnaasium from [Estonia](#) in our forum community. A great welcome to our Estonian participants! Teachers, students and volunteers have been working hard to make the 11th Youth Forum a successful one. Welcome to all of you! Tere!

[Kerli Vink](#), [Helen Kure](#), [Älis Värva](#), [Tolores Lomp](#), [Erik Jõks](#), [Kasper Lee](#), [Olev Saluveer](#).

Among the founding schools of our International Network of Pierre de Coubertin Schools are the German Sports Schools [Berlin](#) and [Erfurt](#). Students from Berlin are already taking part for the tenth time whereas Erfurt has been taking part in all Youth Forums since the very beginning! Welcome to our German friends:

[Aaron Fandrai](#), [Jakob Funke](#), [Cosima Prax](#), [Amelie Bretschneider](#), [Anna Bretschneider](#), [Meghan Wystrichowski](#), [Bianka Werner](#), [Dirk Hofmann](#), [Fynn Yoel Guy Massenberg](#), [Elias Pohl](#), [Karin Lange](#).

Now we are welcoming our friends from [Much Wenlock](#), home of Dr. William Penny Brookes, the founder of the Wenlock Olympian Games. Students from this school have also been participating since the first Youth Forum in Le Havre. Here are the British representatives:

[Meg Birt](#), [Isobel Broadley](#), [Scarlett Parker](#), [Megan Williams](#), [William Norris](#), [Max Reynolds](#), [Daniel Searle](#), [Carol Jardine](#).

A warm welcome to our friends from [Pallini](#) near Athens. By the way, their school is situated on Marathon Avenue! After the 7th Youth Forum in Ancient Olympia the 1st Gen. Lykeio Pierre de Coubertin Pallini hosted all participants for two more days in Athens. Welcome to the Greek participants:

[Xristina Koroniou](#), [Maria-Eleni Papani](#), [Basiliki-Natalia Chalepli](#), [Athina Fassari](#), [Panagiotis Kalatzis](#), [Nikolaos Fillippos Larentzakis](#), [Athanassios Spiliotis](#), [Konstantinos Tsaklidis](#).

It is a great pleasure to have a team from Pagkypriou Gymnasion in our international forum community for the fourth time. Here are the participants of the team from [Nicosia, Cyprus](#):

[Alexandros Antoniou](#), [Eftychia Fragkou](#), [Madeleine Stavriniaki](#).

Since 2003 students from Liceo Statale "Giuliano della Rovere" [Savona](#) have been taking part in our Youth Forums. A warm welcome to the Italian team: [Sofia Ciarlo](#), [Virginia Cavaleri](#), [Rosanna La Spesa](#).

For the third time we now welcome a complete team from [Japan](#), host of the next Summer Olympic Games. They sent the Winners of their National Coubertin Youth Forum organised by the Japanese Pierre de Coubertin Committee. Here are its participants:

[Kazumi Takata](#), [Noriko Haraikawa](#), [Riku Takahashi](#), [Otoha Narita](#), [Akira Yagi](#), [Keiko Kagami](#).

Another Asian team comes from Senior Methodist Girls School [Kuala Lumpur](#) in [Malaysia](#). Its participants travelled about 10,500km to come to France. A warm welcome to the Malaysian team:

[Xin Yi Lim](#), [Leevassini L Shanmugam](#), [Sarasvathy Annandarajah](#).



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We are very lucky to welcome a third Asian team at our Youth Forum: For the second time, a team from **India** will join us for a week. Welcome to the participants from **Ranchi**:

Shruti Soren, Akriti Smriti Khalkho, Simran Sadar, Franklin Soreng, Jerald Kiro, Ditty Gaurav Tirkey, Sukrit Katriar, Dennis Dawson.

It is a great pleasure to welcome for the eighth time representatives from Kipkeino School **Eldoret, Kenya**. This time they come again with a complete team of seven participants:

Eric Macharia Ndegwa, Jayson Mburu Mudenyio, Collins Kiruto, Nicholas Kipyego, Jamlyck Netai, Mark Leon Kiprotich, Andrew Mwangi Thamani, Roger Ogola.

Now let's warmly welcome the third African team from **Western Cape, South Africa**. They also had a long way to travel to come here, more than 13,000km. Here are its participants:

Qtania Jacobs, Wakeel Mackriel, Jasmina Majiet.

After a long break, we are now lucky to have again here in Mâcon the winners of the Pierre de Coubertin Award of **Congo Brazzaville**. Let's welcome the participants of our third African team:

Emysphia Clara Bolle, Otya Kikadidi Zoula, Dr. Maixent Nganga Loubassou.

Back to Europe: Next we welcome the host school of the 9th Youth Forum in 2013, **Gausdal** videregående skole Pierre de Coubertin, in **Norway**. This school was very much engaged in the organization of the 2nd Winter Youth Olympic Games in Lillehammer 2016. A warm welcome to our Norwegian friends:

Kristine Strømme, Ina Wolden, Iselin Tømterud, Caroline Plukkerud, Marion Nustad, Haakon Svendsen, Jakim Wold, Stein Vidar Håveødegård.

And now let's welcome the participants from Zespół Szkół w Nekli Gimnazjum im. Polskich Olimpijczyków. Here are the students and their teacher from **Nekla, Poland**. Powitanie!

Agnieszka Wiśniewska, Michał Sioma, Izabela Bandoz.

After a break of four years we have again a team from Lycée Pierre de Coubertin **St. Petersburg** in **Russia** among us. Here are our Russian participants:

Maksim Goriachev, Lucas Lev Michel Lalande, Mikhail Sverlov, Ekaterina Prokhorova, Anastasiia Rusnak, Bogdana Iushmanova, Svetlana Sivertseva.

For the second time a team from San Juan Bautista School in **Los Corrales de Buelna** is participating. A warm welcome to the Spanish delegation:

Lucía Gimeno Barea, Adrián Calderón González, Alberto Álvarez Fernández.

We are also glad to have again students from Secondary school #142 **Dnipro City, Ukraine**, among us. This is our youngest Coubertin School that will have their official nomination ceremony in about four weeks. Добрий день:

Diana Aliabieva, Sofia Bulienko, Yelyzaveta Kotsar, Yelyzaveta Shevchenko, Yelyzaveta Kucherenko, Valeriia Sych, Yakov Zinkevych, Viktoriia Mykhailova.

And finally we welcome for the third time a team from our host country. They are the winners of the Coubertin Pupils' Prize for the region of **Burgundy-Franche Comté** from **France**. Bienvenue aux participants :

Emma Constantini, Karine Mielcarek, Chloé Gillen, Samuel Mouthon, Quentin Mendela, Marie Lou Noiroit.

After having introduced all participating groups, we hope that you will become friends and develop international friendship and mutual understanding in Pierre de Coubertin's spirit during this week!

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Opening Ceremony – Speech by Alexandra de Navacelle de Coubertin

Good evening everyone!

My name is Alexandra de Navacelle de Coubertin, I am a descendant of Pierre de Coubertin. I am part of the 4th generation of descendants and together with my cousins we have created a family association to keep his memory and spirit alive.

It is an immense pleasure to be here with you tonight for the opening of the 12th Pierre de Coubertin schools Youth Forum taking place in France, in the beautiful city of Macon!

I would like to start by thanking Bernard Ponceblanc for inviting me and organizing this international school Olympiad along with the International Pierre de Coubertin Committee and Ines Nikolaus's team!

You have all heard of Pierre de Coubertin and you will experience the spirit of the games by participating in these Youth games this week.

Pierre is mostly known for having revived the Greek Olympic Games.

During a time of nationalism, imperialism and colonial rivalries, he had the revolutionary idea of bringing all of humankind together in peace through games.

As you can imagine, this idea was perceived as hopelessly idealistic during his time.

Despite all the skepticism he had to face, 125 years ago, he created the first International Olympic Committee. The first games happened in Athens in 1896 with 14 countries, 9 sports and 311 participants. Today we prepare for the next summer games that will happen in Tokyo with 206 countries, 28 sports and more than 11,000 participants.

We could say that his Olympic dream has stood the test of time! Today, 125 years later, his ambition of bringing humankind together in peace is real and stronger than ever.

Today 206 countries come together. ... Countries like the Federated States of Micronesia or the Solomon Island (have any of you heard of them?!) get a chance to compete against world champions athletes from America, Russia or China!

If Pierre is watching us today, I think he would feel proud that the Olympic Games today are the only event that brings the entire world together in solidarity and peaceful competition. The last Winter Games of Pyeongchang in South Korea are a perfect example of the impact of peace on a country separated in 2 for more than 70 years. During the games, athletes from North and South Korea came together to march under a united Korean flag and play in the same teams.

To me, Pierre was not a dreamer, he was a true visionary. He taught us that through hard work, courage, perseverance and faith, we can accomplish long lasting work of peace.



I will leave you with his personal motto that perfectly captures his philosophy and that you will see in all his books: Voir loir, Parler Franc, Agir ferme: "See afar, Speak truthfully, Act Firmly".

With this in mind, I wish you all the best for the coming games!

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The Competitions of the Pierre de Coubertin Award 2019

Dear participants of the 12th Youth Forum, dear accompanying teachers, volunteers, colleagues from the organising committee, distinguished guests,

Also from my side, I would like to wish you a hearty welcome here in Mâcon to celebrate the 12th Pierre de Coubertin Youth Forum!

Since Le Havre 1997, 11 International Youth Forums with more than 1,200 participants overall have taken place.

After 22 years of our Network's existence, the forum returns to Coubertin's home country, here to the Centre Omnisports Mâcon, in beautiful Burgundy. This means our Network is older than most people here in this hall!

As Coubertin always wished for young athletes to compete in the Olympic Games: The Forum in Mâcon this week, shall become a place for young people from all over the world, from diverse cultures and religions to meet, to mingle and to get to know one another.

It is a great pleasure for me to welcome 25 delegations, coming from 23 countries this time.

The CIPC is very proud of our unique International Network functioning as a sustainable model for Olympic education.

The core of the activities during this week will be the competitions for the Pierre de Coubertin Award.

During the lecture this morning, you, dear participants, learnt that Coubertin engaged himself in many fields of life and that he always fought for an all-rounded, holistic education, an education of body, mind and will.

Honouring Coubertin's work, our motto this year is: "Olympism at school. It must be encouraged!"

His most important ideas are also reflected in the traditional five competitions for the Pierre de Coubertin Award:

Let me briefly explain what they consist of:

1. Community Service

One of the Olympic values, Pierre de Coubertin set up more than 100 years ago, was respect for others. This also means helping those in society who need our help and thus contribute to making life better either at your school, in your community or region. You have all demonstrated this in your respective home countries.



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2. Olympic Knowledge Test

Later this week, on Monday, there will be a short test about the Olympic Movement, with focus on Pierre de Coubertin's life and work as well as on the ancient and modern Olympic Games.

3. Sports Tests

In fair competitions you are all encouraged to give your personal best, to strive for excellence. This year, the compulsory disciplines will be a cross-country race, a 100m sprint, swimming, an ancient form of long jump (with weights), as well as Paralympic boules.

4. Arts Performance

Each participant will have a chance to choose from 9 different international arts workshops. Together with young people from various countries you will create a piece of art connected to the forum motto like the forum banner, a forum song, creating buttons or digital quizzes.

5. Discussion Groups

The topics this year will focus on how to share Pierre de Coubertin's Olympic idea in your school, region or country. We are lucky to already have been able to decorate the entrance to the COM by wonderful posters made by the delegations at home. Later this week, we will focus on "respect", "fair play" and "Citius, altius, fortius – the striving for excellence".

Only the participants who will have successfully completed all these five categories will be awarded the **Coubertin Medal** by CIPC at the Closing Ceremony.

We have prepared a wonderful programme for you this week. Enjoy the experience, have fun, make new friends, discover Burgundy and French cuisine!

On behalf of CIPC I wish you every success with the components of the Pierre de Coubertin Award.



Dr. Ines Nikolaus
CIPC Vice-President
Delegate for the International
Network of Coubertin Schools



Olympism at school. It must be encouraged!



Community Service 2019 – 1st Category of the *Pierre de Coubertin Award*

Following Pierre de Coubertin's ideas, it has become a valuable tradition that all students of our forum community are very involved in community service. Also in preparation of our 12th Youth Forum you were asked to make a contribution in a social activity as part of the Pierre de Coubertin Award. This had to be previously completed at home and should have benefitted your community.

As in the previous meetings, the CIPC Board Members were very pleased to read about the social service completed by all our participants.

Since this is a Youth Forum, I would like to give some of the participants the floor to present their results.

Of course, we can only mention some examples today, so we have chosen the following:

- Mariano from Argentina coached young children in the basketball Redstar Club and also cared for disabled children. His team mate Ana supported children with cancer. She led a community campaign to collect hair for the manufacturing and donation of wigs.
- The participants of the Austrian team from Radstadt took part in several charity campaigns in their region. We would like to highlight Barbara's work as a member of the Junior Red Cross ambulance. She regularly accompanied a doctor's team to victims of accidents, injured and elderly people.
- Social Commitment is considered an important part in the educational programme of Don-Bosco-Gymnasium in Austria. Barbara, Leonie, Irina and Anna helped organising the Charity Run of their school in favour of street children in Columbia.
- Enzo from Erechim in Brasil helped to organise judo and tennis tournaments and worked as a referee. His team mate Rafaela engaged for her school community as the President of the students' council. There she especially contributed to projects on the protection of the environment.
- Emysphia from Congo has been very active in the association "Petit frères des autres" whereas her team mate Otya participated in concerts for younger children.
- Eftychia from Nicosia in Cyprus has been a volunteer at an animal shelter whereas Alexandros engaged as swimming instructor for young children.
- Katerina from the Czech team has been active in even three fields at the same time: as a successful coach at the Mini-Volleyball Club, an instructor in synchronised swimming as well as a volunteer at the Senior Home in Tábor.
- Adrian from Buelna in Spain was involved in the school's NGO "Proyde", which supports the education of kids in Paraguay. Lucia helped to organise School Olympic Games and a cultural week for children from Dehesas Viejas.
- Traditionally, Helen, Erik and Kaspar from Estonia worked as volunteers in the Tartu Marathon. Älis and Kerli took part in the community clean-up day and other environmental projects.
- Samuel from the French team has been working as a referee in football matches on national level and Emma is a football coach for younger children.
- Elias from Berlin took part in a charity run for children suffering from cancer and his team mate Fynn regularly works as a volunteer to support national and international competitions in diving.
- Cosima, Aaron and Meghan from the Coubertin School in Erfurt created posters of the schools' winners of the Coubertin Pupil's Prize for their school's Hall of Fame.
- Traditionally, the British participants helped in the organisation of the Wenlock Olympian Games which take place every July. Thus, they share the memory of Dr. William Penny Brookes, who inspired the young Pierre de Coubertin in his idea to renovate the Olympic Games.

Olympism at school. It must be encouraged!



- The students of the Greek team from Pallini engaged themselves in a huge recycling campaign and organised a fundraising to support abandoned children.
- Franklin, Simran, Jerald and Shruti from the Indian team supported pupils of St. Michael's School for blind in Ranchi with food and encouraged them in various joint activities.
- Virgina from Savona was engaged in helping disabled athletes. Her team mate Sofia among other activities organised joint football matches between abled and disabled players.
- Akira from Japan helped cooking and cleaning at a home for elderly people. Kazumi worked as a volunteer for the Summer School in Tokyo for the Fukushima pupils and their mothers who live in heavily damaged areas. There Kazumi encouraged them in gymnastics activities.
- Colin, Jamlyck and Leon from Kipkeino School Kenya supported HIV infected children from a children's home with clothes and organised several joint activities to encourage them and let them experience joy and self-confidence.
- The two Malaysian girls provided a huge dossier illustrating their many activities to help people of the community such as cleaning and teaching in an orphanage in their home town Kuala Lumpur.
- Kristine and Iselin from Norway have been volunteers during the Birkebeineren cross country competition for several years and helped to organise the Fakkelpriisen Award ceremony in 2019, a Prize award for sport and culture in the community.
- Agnieszka and Michał from Poland participated in many activities to support people of their community. Among others they were involved in several fund raising campaigns for families in need, they supported sports competitions for children and they engaged in the protection of the environment by planting trees.
- Our two South African friends Mackriel and Qtania have been organising after school and holiday programmes for pupils. Furthermore, the two helped in a Youth Campaign and were involved in peer education as well as interventions with peers at risk.
- The participants from Piešťany presented a whole catalogue of activities among which were their involvement in the organisation of an Olympic Day, fundraising projects for kids diagnosed with cancer, the presentation of the close link to the Coubertin Schools of the International Network on the occasion of the Day of Open Doors or the support at Down's Syndrome Day.
- The participants of the Russian team prepared "Olympic Lessons" for school children and youths, which they successfully led in St. Petersburg.
- Valeria from Ukraine organised competitions for children in different sports. In addition, she gave lessons at an orphanage. Two of our Elizavetas cared for abandoned animals and also motivated young children to go in for sports.



Unfortunately, we cannot mention all activities. But you all did a great job: You helped those who need our help.

Eftychia Fragkou (CYP), Qtania Jacobs (RSA),
Ichiro Takata (JPN), Jakob Funke (GER)
and Dr. Ines Nikolaus (CIPC)

Olympism at school. It must be encouraged!



The Olympic Knowledge Test – 2nd Category of the Pierre de Coubertin Award

Among the competitions for the *Coubertin Award*, the written test about the Olympic Movement is very important. Here each student has to prove his/her knowledge about Coubertin's life and works as well as the ancient and modern Olympic Games.

Part A: The Ancient Olympic Games

- In Ancient Greece, the Greek gods played an important role in daily life. Which god were the Ancient Games in Olympia designated to? (Tick the right answer.)
() Paris () Achilles (x) Heracles () Zeus **1P**
- When were the Ancient Olympic Games held for the first time? (Tick the right answer.)
() 1896 B.C. (x) 776 B.C. () 1896 A.D. **1P**
- If you know the first and only sport event of the first Games, write it down for an extra point.
stadium run **1P**
- According to the history books, when were the ancient Olympic Games held for the last time? (Tick the right answer.)
() 393 B.C. (x) 393 A.D. () 776 A.D. **1P**
- Was there a TRUCE during the Olympic Games in ancient Greece? (Tick the right answer.)
(x) Yes () No **1P**

What does 'OLYMPIC TRUCE' mean? (Explain, please. Word groups will be fine.)

guarantee of safe travelling before during and after the competition for athletes and all spectators **2 extra points**

- Were there other places in ancient Greece where sports games were held?
(x) Yes () No **1P**

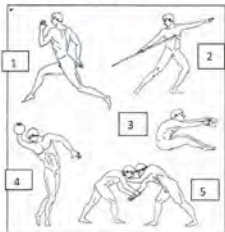
If yes, can you name any?

Delphi, Nemea, Korinth **2 extra points**

- How were the champions of the ancient Olympic Games honoured? (Give two answers.)
a. they were given an olive wreath a first laurel wreath in their life **2P**

- the period after the competition was named after the winner of the stadium run because this was really popular (max. two extra points for additional answers) **2P**

- Name the events of the ancient Olympic Games shown in the pictures. **5P**



- running (stadium run)
- javelin throwing
- long jump
- discus
- wrestling

You will be awarded an extra point, if you can name the combined event that consists of the five separate events.

Pentathlon **1P**

- Name three other events athletes competed in during the ancient Games. **3P**

- chariot races
- rowing
- horse riding
- pancras (One extra point possible)
other kind of fighting sport **2P**

12th International Pierre de Coubertin Youth Forum
Mâcon 2019



Pierre de Coubertin Award
Olympic Knowledge Test



Name at least three other Olympic values:
excellence, physical understanding, excellence, respect, body, mind and spirit, etc. **3P**

- Name three dangers that threaten the Olympic Movement today. (You will get extra points for further correct contributions.) **3P**

- terrorism
- corruption
- political influence

- Which sport event was introduced into the Olympic Programme by Pierre de Coubertin himself? (Tick the right answer.) **1P**

- () 200m sprint (x) Modern Pentathlon () Decathlon () Pole Vault

- Last year we celebrated the XXIII Olympic Winter Games. Where were they organized? **2P**

- Country: South Korea City: Pyeongchang

- When and where were the first Olympic Winter Games celebrated? **3P**

- Year: 1924 Country: France City: Chamonix

- Which cities hosted the last two Olympic Summer Games? (Tick the right answer.) **2P**

- () Beijing (x) Rio de Janeiro (x) London (x) Pyeongchang

- France three times hosted the Olympic Winter Games. Do you know when and where? **4P**

- (x) Chamonix 1924 () St. Moritz 1948 (x) Grenoble 1968 () Turin 2006

- Which city/country will host the ... **3P**

- a. Olympic Summer Games in 2024? City: Paris Country: France

- b. Olympic Winter Games 2026? City: Milano-Cortina Country: Italy

- Last year excellent young athletes from all around the world took part in the 3rd Summer Youth Olympic Games. Where did they take place? **2P**

- Country: Argentina City: Buenos Aires

- Where will the next Winter Youth Olympic Games be held in 2020? **2P**

- Country: Switzerland City: Lausanne

- What is the family name of the present IOC President? **1P**

- Thomas Bach

- Give three examples that show that Coubertin's ideas are still relevant today. **3P**

1. the IOC still exists
2. olympic spirit
3. physical education at school

- When and where was the first Pierre de Coubertin Youth Forum organized by CIPC? **3P**

- Country: France City: Lausanne Year: 1977

Part B: The Modern Olympic Games

- You are participant in the 12th Coubertin Youth Forum. What do you know about Pierre de Coubertin? **2P**

- When did he live? (Tick the right answer.) **1P**

- () 1896-1937 (x) 1896-1980

- What sports did Coubertin like to practice himself? (Give two examples.) **2P**

1. rowing 2. riding

- Pierre de Coubertin also was a talented artist. In which field did he win a gold medal during the V Olympic Games in Stockholm 1912? **1P**

- literature (ode to sport)

- Give two more examples that illustrate his talents. **2P**

1. drawing of castle walls 2. drawing of Hudson River or the design of the Olympic flag

- Where can we find Coubertin's grave? **1P**

- Country: Switzerland Town: Lausanne

- What do the three letters stand for? **3P**

1. International Olympic Committee 2. Association of National Olympic Committees 3. Association of Summer Olympic Committees

- When was it founded? (Tick the right answer.) **1P**

- () 1892 (x) 1894

- Who was its founder? **1P**

- Pierre de Coubertin

- Who was the first IOC President? **1P**

- () Dr. William Penny Brookes (x) Dimitrios Vikelas

- What is the Olympic motto? (Complete in English, please.) **1P**

- citius altius fortius

- The first modern Olympic Games were held in 1896. Where did they take place? **2P**

- Country: Greece City: Athens

- Who was the winner of the Marathon at the 1st Modern Olympic Games in 1896? **1P**

- (x) Spiridon Louis () Carl Lewis

- Symbols, mottoes and ceremonies play an important role in Pierre de Coubertin's conception of the Olympic Movement. In 1913 he created the Olympic flag. (Enumerate three others.) **3P**

1. association of nations 2. association of states 3. association of cities

- One of the Olympic values, Pierre de Coubertin promoted worldwide is fair play. What do you understand by fair play? (Word groups will be fine.) **3P**

- fair play is not only to adhere to rules but also to understand them - that you respect the rules and care for you and your health. Also that you want a fair competition with the same conditions for all.



1P

2P

1P

2P

1P

3P

1P

1P

1P

3P

2P

1P

3P

3P

3P

3P

3P

3P

3P

3P

3P

3P

3P

3P

3P





Paralympic Sports

The international Youth Forum is well-known for encouraging respect towards athletes with disabilities. This year was no different. Students had an opportunity to take part in a wide range of Paralympic sports such as wheelchair basketball, para table tennis or wheelchair boccia, which was also one of the Coubertin Award disciplines. All of the participants showed great respect and solidarity with the Paralympic athletes and they realized that Paralympic sports are undoubtedly both entertaining and challenging.



Olympism at school. It must be encouraged!

List of Delegations at the 12th International Pierre de Coubertin Youth Forum (1/2)

Argentina: Colegio Padre Ramon De La Quintana

Head of School: Lic. Leonardo Graffigna

Responsible Teacher for the Youth Forum:

Ms. Maria De Los Angeles Camaño

Address: Rivadavia 479 – (CP: 4700) San Fernando Del Valle De Catamarca, Provincia de Catamarca Republica Argentina

Website: www.cef-quintana.com

Austria I: Pierre de Coubertin Bundes-Oberstufenrealgymnasium

Head of School: Mrs. Dir. Mag. Andrea Stolz

Responsible Teacher for the Youth Forum:

Christoph Wohlschlager

Address of the School: Moosallee 7, A-5550 Radstadt, Austria

Website: www.borg-radstadt.salzburg.at

Austria II: Don-Bosco-Gymnasium Unterwaltersdorf

Head of School: Mrs. Dir. Mag. Beatrix Dillmann

Responsible Teacher for the Youth Forum:

Mrs. Christine Pöschl

Address of the School: Don-Bosco-Str.20, A-2442 Unterwaltersdorf

Website: www.donbosco-gym.ac.at

Brazil: Escola de Educação Básica da URI Erechim/RS

Head of School: Mr. Alan J. Bresolin

Responsible Teacher for the Youth Forum:

Mr. Edénir Serafini

Address of the School: Av. Sete de Setembro, 1621, Caixa Postal 743, CEP 99709-910 Erechim/RS Brasil

Website: www.uricer.edu.br

Congo: Winners of the National Coubertin Award organised by the Comité National Pierre de Coubertin du Congo

President: Georges Emmanuel Zoula

Address: 2008 Rue Moukouloulou plateau des 15 ans, Congo

Responsible teacher for the Forum:

Dr. Maixent Loubassou

Cyprus: Pagkyprión Gymnasium Nicosia

Head of School: Mrs. Sofia Ioannou

Responsible teacher for the Youth Forum:

Mrs. Madeleine Stavrínakis

Address of the School: 10-16 Platia Arhiepiskopou Kyprianou, Nicosia

Website: <http://lyk-pagkyprión-lef.schools.ac.cy>

Czech Republic: Gymnázium Pierra de Coubertina Tábor

Head of School: Mr. Dr. Petr Nývlt

Responsible teacher for the Forum:

Mrs. Zuzana Šmídová

Address of the School: Náměstí Františka Křižíka 860,

CZ 390 01 Tábor, Czech Republic

Website: www.gymta.cz

Estonia: Ülenurme Gümnaasium

Head of School: Mr. Olev Saluveer

Responsible Teacher for the Youth Forum:

Mr. Olev Saluveer

Address of the School: Tartu mnt. 5, Ülenurme, 61714 Tartumaa, Estonia

Website: www.yle.edu.ee

France: Winners of the Coubertin Pupils' Prize of the region of Burgundy-Franche-Comté

Organiser: Association Européenne des Sports Bourgogne-Franche-Comté

President: Mr. Robert Lacroix

Address: 17 rue Léon Mauris, F-21000 Dijon, France

Responsible teacher for the Forum:

Marie Lou Noirot

Germany I: Schul- und Leistungssportzentrum Berlin (Coubertin-Gymnasium)

Head of School: Mrs. Gudrun Götze

Responsible teacher: Mrs. Karin Lange

Address of the School: Fritz-Lesch-Str.35 D-13053 Berlin

Website: www.slzb.de

Germany 2: Pierre-de-Coubertin-Gymnasium Erfurt

Head of School: Mr. Joachim Rauch

Responsible teacher for the Youth Forum:

Mr. Dirk Hofmann

Address of the School: D-99096 Erfurt, Mozartallee 4

Website: www.sportgymnasium-erfurt.de

Great Britain: William Brookes School Much Wenlock

Head of School: Mr. Geoff Renwick

Responsible Teacher for the Youth Forum:

Mrs. Carol Jardine

Address of the School: Farley Road, Much Wenlock, Shropshire TF13 6NB, Great Britain

Website: <http://www.williambrookes.com/>

Greece: 1st Gen. Lykeio Pierre de Coubertin Pallini

Head of School: Mrs. Efi Sakarellou

Responsible teacher for the Youth Forum:

Mr. Kostas Tsaklidis

Address of the School: 16km of Marathon Ave. GR 153 51 Pallini

Website: <http://lyk-pallin.att.sch.gr/school-en.htm>



The International Network of Pierre de Coubertin Schools

THE INTERNATIONAL NETWORK OF COUBERTIN SCHOOLS

At the moment 33 schools and institutions from five continents are working closely together in the Network of Coubertin Schools, which is growing faster and faster.

Due to Coubertin's ideas of international friendship, fight for peace in the world, fair play and tolerance, the students regularly exchange experience and participate in joint projects.

Every two years representatives of these schools meet in an International Youth Forum of Coubertin Schools. This is always a wonderful highlight with unforgettable events in the Olympic spirit.

The first Forum was held in Le Havre (France) 1997, followed by Much Wenlock (Great Britain) 1999, Lausanne (Switzerland) 2001, Genova-Arenzano (Italy) 2003, Radstadt (Austria) 2005, Tábor (Czech Republic) 2007, Olympia (Greece) 2009, Beijing (China) 2011, Lillehammer (Norway) 2013, Piešťany (Slovakia) 2015, Ulenurme (Estonia) 2017 and Mâcon (France) in 2019.

During the week long Youth Forum young people compete for the Coubertin-medals donated by the CIPC (International Pierre de Coubertin Committee).

And, of course, there is also the possibility for workshops, discussions and excursions in order to learn more about the country and its people.



LIST OF PARTNERS 2019

1. Colegio Padre Ramon De La Quintana, San Fernando Del Valle De Catamarca (Argentina)
2. NOC Australia (Winners of the Australian Coubertin Award)
3. Pierre de Coubertin Bundes-Oberstufenrealgymnasium Radstadt (Austria)
4. Don-Bosco-Gymnasium Unterwaltersdorf (Austria)
5. Escola de Educação Básica da URI Erechim (Brazil)
6. Beijing High School Four Pierre de Coubertin (China)
7. Winners of the National Coubertin Award organised by the Pierre de Coubertin Committee of the Republic of Congo
8. Pagkypriou Gymnasium Nicosia (Cyprus)
9. Gymnázium Pierra de Coubertina Tábor (Czech Republic)
10. Ulenurme Gümnaasium (Estonia)
11. Lycée Polyvalent Pierre de Coubertin Bobec (France)
12. Lycée Pierre de Coubertin Nancy (France)
13. Winners of the Coubertin Pupils Prize of the region of Burgundy-Franche-Comté (France)
14. Schul- und Leistungssportzentrum Berlin (Germany)
15. Pierre-de-Coubertin-Gymnasium Erfurt (Germany)
16. William Brookes School Much Wenlock (Great Britain)
17. 1st Gen. Lykeio Pierre de Coubertin Pallini (Greece)
18. 3rd Lykeio of Pyrgos "Pierre de Coubertin" (Greece)
19. Winners of the National Coubertin Award organised by the Indian Pierre de Coubertin Association (IPCA)
20. Liceo Statale "Giuliano della Rovere" Savona (Italy)
21. Winners of the National Coubertin Youth Forum organised by the Japanese Pierre de Coubertin Committee
22. Kipkeino High School Eldoret (Kenya)
23. Senior Methodist Girls School Kuala Lumpur (Malaysia)
24. Winners of the National Coubertin Award organised by the Mauritius Pierre de Coubertin Committee
25. Instituto Coubertin Oaxaca (Mexico)
26. Gausdal videregående skole Pierre de Coubertin (Norway)
27. Zespół Szkół w Nekli Gimnazjum im. Polskich Olimpijczyków, Nekla (Poland)
28. Lycée N° 211 Pierre de Coubertin St. Petersburg (Russia)
29. Gymnázium Pierra de Coubertina Piešťany (Slovakia)
30. San Juan Bautista Los Corrales de Buelna (Spain)
31. Winners of the National Coubertin Youth Forum organised by the Foundation for Sport and Development and Peace (South Africa)
32. Lycée Sportif Pierre de Coubertin d'El Menzah Tunis (Tunisia)
33. Lycée N° 142 Pierre de Coubertin of Dnipro City Council (Ukraine)

List of Delegations at the 12th International Pierre de Coubertin Youth Forum (2/2)

India: Indian Pierre de Coubertin Association (IPCA)

President: Mr. Dilip Tirkey

Contact person: Mrs. Sarojini Lakra, Secretary General of IPCA

Address: River Bridge, Argora, PO & PS Argora, Ranchi-834002 Jharkhand

Website: <http://ipcaspports.org>

Responsible Teacher for the Youth Forum:

Mr. Dennis Dawson

Italy: Liceo Statale "Giuliano della Rovere"

Head of School: Prof.ssa Daniela Ferraro

Responsible Teacher for the Youth Forum:

Mrs. Prof.ssa Rosanna La Spesa

Address of the School: Via Monturbano, 8, 17100 Savona, Italy

Website: www.liceogiulianodellarovere.it

Japan: Winners of the National Coubertin Youth Forum selected by the Japanese Pierre de Coubertin Committee

Director: Prof. Dr. Junko Tahara

Responsible teacher for the Youth Forum:

Ms. Keiko Kagami

Kenya: Kipkeino High School

Head of School: Mr. Julius Keen

Responsible Teacher for the Youth Forum:

Mr. Roger Ogola

Address of the School: P.O. Box 7771, 30100 Eldoret, Kenya

Website: <http://www.kipkeinofoundation.org/>

Malaysia: Senior Methodist Girls School Kuala Lumpur

Head of School: Mrs Chong Moi Lian

Responsible teacher for the Youth Forum:

Ms. Sarasvathy Annandarajah

Address of the school: Jalan Cenderasari 50480 Kuala Lumpur, Malaysia.

Website: <http://www.mgskl.edu.my>

Norway: Gausdal videregående skole Pierre de Coubertin

Head of School: Mr. Erland Sandvik

Responsible Teacher for the Youth Forum:

Mr. Stein Vidar Håveødegård

Address of the School: Baklivegen 1477, 2651 Østre Gausdal, Norway

Website: <http://www.gausdal.vgs.no/>

Poland: Zespół Szkół w Nekli Gimnazjum im. Polskich Olimpijczyków

Head of School: Mr. Robert Andrzejczak

Responsible Teacher for the Youth Forum:

Mrs. Izabela Bandosz

Address of the School: ul. Szczepańskiego 7 62-330 Nekla, Poland

Website: <http://www.szkola.nekla.pl/>

Republic of South Africa: Foundation for Sport and Development and Peace (FSDP)

President: Prof. Dr. Marion Keim Lees

Address: 2 P.O. Box 357 Franschoek 7690, Republic of South Africa

Website: <http://www.foundationforsportanddevelopmentandpeace>

Responsible Teacher for the Youth Forum:

Mrs. Jasmina Majiet

Russia: Lycée N° 211 Pierre de Coubertin

Head of School: Mrs. Ludmila Alexandrowna Babajewa

Responsible Teacher for the Youth Forum:

Mrs. Svetlana Sivertseva

Address of the School: ul. Gorokhovaya, 20, Sankt-Petersburg, Russia 191186

Website: <http://211spb.ru>

Slovakia: Gymnázium Pierra de Coubertina Piešťany

Substitute Head of School: Mrs. Stanislava Šimová

Responsible Teacher for the Youth Forum:

Mrs. Eva Corticelli

Address of the School: Námestie SNP č. 9, SK 92126

Piešťany, Slovakia

Website: www.gypy.sk

Spain: San Juan Bautista – La Salle Corrales

Head of School: José Manuel Merino Gil

Responsible teacher for the Youth Forum:

Alberto Álvarez Fernández

Address of the school: La Salle, 2, 39400 Los Corrales de Buelna, Cantabria Spain

Website: <http://www.lasallecorrales.es>

Ukraine: Lycée # 142 Pierre de Coubertin of Dnipro City Council

Head of School: Mrs. Khmelenko Lyudmila

Responsible teacher for the Youth Forum:

Mrs. Viktoriia Mykhailova

Address of the School: 2, Belyaeva Street, Dnipro City, 49080 Ukraine

Website: <http://school142.dnepredu.com>

CIPC:

International Pierre de Coubertin Committee

President: Prof. Dr. Stephan Wassong

Vice-President and Delegate for the International

Network of Coubertin Schools: Dr. Ines Nikolaus

Address: Hotel Continental, Place de la Gare 2, 1001 Lausanne, Suisse

Website: www.coubertin.org



The Sports Competitions – 3rd Category of the *Pierre de Coubertin Award*

On the 4th and 5th day of the forum the sports competitions took place. In fair competitions, all participants strove for excellence and gave their personal best.

This year they competed in a 100m sprint, swimming, an ancient form of long jump (with weights) and a cross-country race. Traditionally, also a Paralympic discipline was included: Wheelchair boules.

Girls - 100m

1.	IND	Shruti	Soren	14,68
2.	IND	Simran	Sardar	15,00
3.	ESP	Lucía	Gimeno Barea	15,04
4.	GBR	Meg	Birt	15,22
5.	GER 2	Meghan	Wystrichowski	15,46

Boys - 100m

1.	GER 2	Jakob	Funke	12,58
2.	IND	Jerald	Kiro	12,62
3.	IND	Franklin	Soreng	12,8
4.	EE	Kasper	Lee	13,18
5.	SVK	Andrej	Beňačka	13,33



Girls - Swimming

1.	GER 2	Cosima	Prax	00:28,3
2.	JPN	Noriko	Haraikawa	00:31,0
3.	GR	Xristina	Koroniou	00:33,2
4.	CZ	Eliška	Řihová	00:33,3
5.	CZ	Kateřina	Jůzová	00:33,8

Boys - Swimming

1.	GER 2	Aaron	Fandrei	00:24,8
2.	CY	Alexandros	Antoniou	00:28,8
3.	SVK	Adam	Aponyi	00:29,4
4.	FRA	Quentin	Mendela	00:32,7
5.	GER 1	Elias	Pohl	00:34,0



Olympism at school. It must be encouraged!



Girls - Long jump (ancient style)

1.	GBR	Birt	Meg	6,80
2.	SVK	Kublová	Tereza	6,63
3.	EE	Kure	Helen	6,60
3.	GER 2	Wystrichowski	Meghan	6,60
3.	JPN	Narita	Otoha	6,60



Girls - Wheelchair boules

1.	NOR	Caroline	Plukkerud	150
2.	GR	Athina	Fassari	140
3.	ESP	Lucía	Gimeno Barea	130
3.	NOR	Marion	Nustad	130
5.	EE	Älis	Värva	120



Girls - Cross-country race

1.	CZ	Eliška	Říhová	05:12,1
2.	GER 2	Amelie	Bretschneider	05:31,3
3.	FRA	Emma	Costantini	05:33,9
3.	SVK	Natália	Pločeková	05:50,0
5.	GER 2	Anna	Bretschneider	05:55,6

Boys - Long jump (ancient style)

1.	CZ	Štěpán	Michálek	8,55
2.	CZ	Stanislav	Novák	8,05
3.	IND	Jerald	Kiro	8,00
4.	JPN	Ichiro	Takata	7,97
5.	IND	Franklin	Soreng	7,95

Boys - Wheelchair boules

1.	GER 1	Elias	Pohl	160
2.	FRA	Quentin	Mendela	140
2.	GER 1	Fynn	Massenberg	140
4.	RUS	Mikhail	Sverlov	130
4.	EE	Erik	Jöks	130



Boys - Cross-country race

1.	FRA	Samuel	Mouthon	05:39,4
2.	SVK	Juraj	Štefanka	05:39,9
2.	GER 2	Aaron	Fandrei	05:56,0
4.	SVK	Andrej	Beňačka	06:03,4
4.	CZ	Štěpán	Michálek	06:05,4

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Arts Workshops – 4th Category of the Pierre de Coubertin Award

After being introduced in Piešťany and perfected in Ülenurme, the arts workshops offered this year in Mâcon certainly did not lag behind in quality and variety. From modern dances, through a drama skit in French all the way to creating a forum song, the students did not slack around. They all dedicated mere three two-hour sessions to the workshop of their choice but despite the limited time for practice, the results were astounding. The amount of talent and creativity displayed by each participant during the final Arts Workshop Performance was remarkable. Under the guidance of their group leaders they put together a show of such high quality!



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Creation of the Forum banner
Rosanna La Spesa (ITA)
Roger Ogola (KEN)

Shadow Theatre
Etienne Reb (FRA)
Florette Noirot (FRA)

La chanson française
Olivia Gallina (FRA)

Songs, Vocal Improvisation and Body Percussion
Christoph Wohlschlager (AUT 1)

Creating a Forum Song
Dennis Dawson (IND)

Modern Dance
Marie Lou Noirot (FRA)

Easy Gymnastics/Dance
Laure Berthaud (FRA)
Laurence Pricak (FRA)

Creating a digital Coubertin Quiz
Viktoria Mykhailova (UKR)

Crafts
Eva Corticelli (SVK)



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Presentation of the Discussion Groups - 5th Category of the *Pierre de Coubertin Award*

Results of the English-speaking groups

1. Fair Play

As young people we believe respect is the foundation of fairplay.

If we don't respect the rules of the game, then there is no competition.

By demonstrating fairplay the competitor who wins is truly the best and has not won by cheating.

If we cheat, we only cheat ourselves and we lose the opportunity to learn from our losses.

When we fall down we always stand up stronger having learnt from our mistakes.

It is ok to fail!

When we live by the philosophy of fairplay we are able to have a clear conscience which enables us to develop a positive mindset, our mental health will be strong and we can live our life in the knowledge that we played fair.

2. Citius, Altius, Fortius

The motto of citius, altius, fortius inspires us to do our best.

It teaches us to recognize there are no limits to our talent.

We should never underestimate ourselves and we should always try to be the best that we can be.

This is not about winning but about personal best and this is different for everyone.

We should not judge ourselves by other people's standards but look inside ourselves to truly realise what we are capable of.

3. Friendship

Friendship should be the basis for all humanity and its foundation is respect.

Friendship is being kind, honest and tolerant of each other.

A good friend supports us in all situations, good and bad.

Friendship will overcome prejudice as we will have an understanding of different cultures and religions.

In order to make people in the world friends, they need to be educated about diversity.

There should be no hierarchy, we are all different yet still we should be equal.

All people should be treated as friends as there are no strangers just friends we haven't met before.

This youth forum we arrived not knowing each other and yet we leave as friends having been enriched by new cultures.

4. Olympism in Schools, it must be encouraged!

Many of our schools promote the work of Pierre de Coubertin as we believe in his values as a positive way of life.

These are just a few of our ideas, some of which are already implemented in our schools but many are new plans:

Our schools could lead an Olympic day or week to celebrate the life of Pierre de Coubertin.

These events can show many of Coubertin's ideas, for example a starting parade and the giving of prizes to students who demonstrate the Olympic values.

Students can learn about Olympism in lectures, on noticeboards or in magazines and then answer a knowledge test.

The Olympic values can be promoted through school websites and social media and our school mottos could encompass the values.

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Results of the French-speaking group

The French group consisted of twelve students from four different countries (Congo, France, Russia, Estonia) who exchanged in a good atmosphere about three discussion topics: fair play, the pursuit of excellence and friendship.

Regarding **fair play**, the group notes that the Olympism is a school of thought that promulgates the Olympic values. Fair play is about respecting the rules of the game, respecting the opinion of the referee, remaining humble and accepting criticism.

On the **pursuit of excellence**, "Citius, Altius, Fortius", the group conducted **street interviews with two unknowns**. It emerges from these interviews that "Citius, Altius, Fortius" makes them think that one must progress constantly and always learn from one's mistakes. For them, excellence is not about being the first or the best, but to become better and always do better.

Lastly, on the topic of **friendship**, the group set up a "**mental map of friendship**". On this map could be found mutual help, encouragement, communication, trust, generosity, honesty, smile, good humor, sharing, fairness, sincerity, humor, remembrance, support and commonalities as values that ground friendship.



Emysphia Clara Bolle (CGO),
Rafaela Dumke (BRA),
Sukrit Katriar (IND),
Wakeel Mackriel (RSA),
Agnieszka Wiśniewska (POL)
together with
Carol Jardine (GBR)



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Mini-Expo

One of the most memorable evenings was definitely the night of the Mini-Expo where all teams presented their country's culture and traditions. The spectacle of different traditional cuisines, drinks, souvenirs and songs along with students dressed in impressive traditional costumes surely enriched every single participant of this marvellous event. The room was glowing in an assortment of 23 different country flags of the world. What a night to remember!



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Olympism at school. It must be encouraged!



Olympism at school. It must be encouraged!



Free time activities

This year's forum took place at Center Omnisport de Mâcon, where the participants had a great deal of opportunities for passing their free time. Throughout the entire forum a multifunctional sports hall was open to the students so they could hang out there, play some table tennis, basketball or just relax. However, most of the free time was organized by the French volunteers, who did a perfect job planning and preparing fun activities. There was a late night disco on both opening and closing nights, guided town tours with scavenger hunts or singing by the river, where the teachers joined in and stirred up some fun. Even during free time there was no time for boredom.



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A fascinating journey through time: An excursion to medieval Cluny

On Thursday, right after breakfast, the whole forum community left the COM by bus to visit the medieval town of Cluny not far from Mâcon.

After taking a group photo, all participants split into several smaller groups to discover the sights of Cluny. In an exciting **treasure hunt**, they got to know the historical sights making up the legendary myth of Cluny: The National Horse Stud founded by

Napoleon I., which is renowned for its pureblood stallions, the Hôtel-Dieu which gave shelter to the invalids and, of course, the Abbey - or at least its remains.

Founded in 910 as a Benedictine monastery by William I., Duke of Aquitaine, Cluny Abbey with its earliest Romanesque basilica had been the largest church in the world until St. Peter's Basilica in Rome was completed in 1626. Unfortunately - because the monks were thoroughly identified with the ancien régime - the monastery was almost totally destroyed during the French Revolution

and the following years, leaving behind only a small part of the once majestic abbey.

Anyway, thanks to the extensive reconstruction works, all participants could imagine and thus experience the greatness of this medieval monument.



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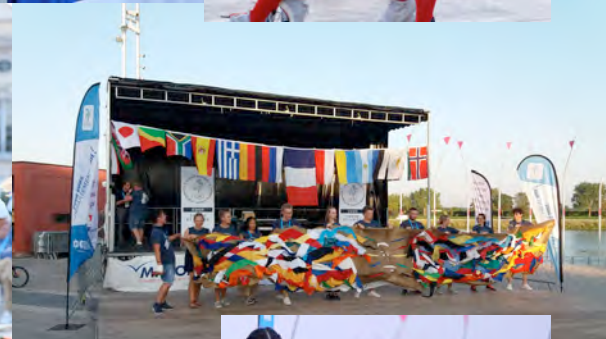


Parade

The diverse program continued in the evening with a parade along the river Saône into the beautiful town of Mâcon and finished off by each team performing their nation's dance at the town's waterfront. The display of various dances from traditional to creative and dynamic ones underlined the diversity of cultures the forum had to show. Undoubtedly, the audience admired all the traditional costumes and dresses students presented their countries in.



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Message of the Vice-President of the International Pierre de Coubertin Committee

Closing Ceremony, 12th International Pierre de Coubertin Youth Forum
Mâcon, France, August 30th, 2019

Dear young participants,

On behalf of the International Pierre de Coubertin Committee, I am happy to address you on the occasion of the 12th International Pierre de Coubertin Youth Forum closing ceremony in Mâcon.

Our Committee, an officially recognized organization by the International Olympic Committee, places great importance on the promotion of the Olympic values, in particular through youths in bringing sport, education and culture together. This is in the spirit that our founder, Pierre de Coubertin, would have wished.

This is also the reason for the International Pierre de Coubertin Committee to establish this program in 1997 and celebrate the Coubertin Youth Forums every two years. Throughout the week in Mâcon you've had the opportunity to compete in sporting activities, Olympic knowledge, and in participating in cultural and social activities in the different environment than your own. Sometimes it was a tough situation, but you and your friends helped each other. And you have experienced the Olympic Values - Fair-play, Excellence, and Friendship as well as in group discussions during the week. So, now you understand Coubertin's strong message personally. People should meet and get to know each other directly, not through the internet or television, make friends beyond boundaries and from then on their friendship could contribute to the peace in the world.

You represent Olympic youth community coming from all continents, and you all represent the world in its diversity and richness.

I want to congratulate the winners of the Pierre de Coubertin Award.



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I want to thank the teachers of all participating High Schools for their devoted work during your preparation and this Youth Forum thus contributing to promoting the Olympic ideals. You must have done a lot of work and arrangements in your schools during your busy days. Thank you for selecting and bringing your wonderful students here. This International Youth Forum can continue to develop thanks to your commitment and enthusiasm.

Thank you leaders of the group discussion and art workshops for your wonderful jobs.

My particular appreciation goes to the president of Departmental Olympic Committee of Saone-et-Loire, Mr. Bernard Ponceblanc, and the members of the Organizing Committee who have been preparing for two years for this Youth Forum which lasted one week and was a full success.

Many thanks go to the volunteers for their wonderful hosting.

I thank you all for your friendly hospitality.

My dear young students,

You will leave France and go back home with unforgettable memories: you made new friends, you discovered a new town and a new country.

You have been thinking about the forum motto "Olympism at school. It must be encouraged!"

It is now your opportunity to take the results of your experience to your schools, sport clubs and apply them in your private life in your home country.

I hope that you will continue communicating and promoting our values for a better society.

You are "ambassadors of the Olympic ideal".

Finally, my special thanks go to my colleagues of the International Pierre de Coubertin Committee for their activities before and during the Forum week: Ines Nikolaus, Elvira Ramini and Semir Kamhawi.

I wish you a safe journey home. Thank you.

Junko Tahara
CIPC Vice-President



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Group photos of the delegations

Argentina



Austria I



France



Germany I & Germany II



Austria II



Brazil



Great Britain



Greece



Congo



Cyprus



India



Italy



Czech Republic



Estonia



Japan

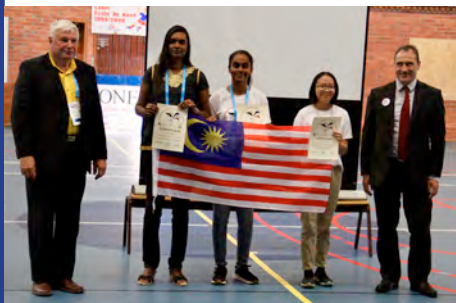


Kenya





Malaysia



Norway



Poland



Republic of South Africa



Russia



Slovakia



Spain



Ukraine



Feedback

Answers to the students' survey

Which special personal experience/adventure of the Youth Forum are you likely to remember?

- Girl ARG: "The first disco."
 Girl AUT 2: "I liked to see the clothes from different countries."
 Girl BRA: "Get over the limit in cross country."
 Girl AUT 2: "I found so many friends here!"
 Girl AUT 2: "It's a unique experience, it helps to broaden one's horizons."
 Boy CGO: "The Mini-Expo of the schools."
 Girl CYP: "The friendships with people from different delegations."
 Girl CZ: "All the funny moments we shared with our friends here, the Mini-Expo and the Parade."
 Girl ESP: "The international Arts Workshop because I met a lot of people from different countries."
 Boy EST: "I liked the arts workshops most."
 Girl GER: "... to share a room with people from other nations and to talk most of the time in English with really friendly people."
- Six Greek Participants: "The Mini-Expo!"
- Boy IND: "I would like to remember the time spent with my roommates. I would not forget the fun we had together."
- Girl ITA: "Singing at the camp fire and the Mini-Expo."
 Boy JPN: "The Cross-country: I felt friendship when I finished."
 Boy KEN: "The excursion to Cluny."
 Girl MAS: "The Mini-Expo and the Parade."
 Boy NOR: "All the new faces and every difference between cultures."
 Girl POL: "Make new friends and practice speaking English."
 Boy RUS: "I liked the Cross-country run and the sports competitions as well as to meet youths of foreign delegations."
- Girl SVK: "The evening programmes - ceremonies, Mini-Expo, Parade of delegations."
 Boy UKR: "The Paralympic sports."



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Feedback

Answers to the students' survey

*Would you suggest participating in the next Youth Forum to other pupils from your school?
Yes, because...*

- Boy ARG: "It is a beautiful experience."
 Girl AUT 1: "It's a good opportunity to get to know people from around the world and compete with them."
 Boy AUT 1: "It's a cultural exchange everyone should have in his/her life!"
 Girl AUT 2: "I found so many friends here!"
 Girl AUT 2: "It's a unique experience, it helps to broaden one's horizons."
 Boy BRA: "It's a great and once in a lifetime experience."
 Boy CGO: "... of good encounters at the international level."
 Girl CYP: "It's a unique experience."
 Girl CZ: "I gained so many great experiences, met so many great people and I had fun all the time."
 Girl FRA: "It's an unforgettable experience!"
 Boy FRA: "It's enriching and fun."
 Girl GER: "It is a very wonderful experience. I have learnt so much... I am so proud that I can be here."
 Boy GB: "It is a great way to widen your cultural outlook and make friends with people from many countries."
 Girl IND: "It is very productive. The experience of participating in the forum will help them in the future."
 Boy IND: "It enhances the overall potential of a youth and opens us to diversified cultures."
 Boy IND: "It helps us to grow and to experience a wide variety of knowledge. It gives freedom to our thoughts."
 Boy JPN: "It is a great opportunity to interact with people from different backgrounds."
 Girl POL: "Here you can make new friends, learn about Pierre de Coubertin and other cultures."
 Boy RUS: "This forum enables to build strong ties with students from other delegations."
 Girl SVK: "I had a chance to meet new people and have a lot of fun thanks to the activities and people."
 Girl RSA: "It is an amazing opportunity that I would suggest that everyone, who gets it, grabs it with both hands. Making new friendships, learning about sport and new cultures and traditions, I wouldn't want to trade this experience for anything."
 Girl UKR: "It's a great international experience!"



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Questions of the day

Saturday 24th August

Japanese delegation:

What were you scared of before arriving in France?

"We only speak a little English that's why we were scared that we won't be able to communicate but everyone is very kind here!"

Brazilian delegation:

"I was scared about flying..."

Indian delegation:

"We were scared about being disoriented because of the jet lag."

Russian delegation:

"We were afraid about the understanding of English because we're feeling more comfortable with the French language. So, it was more something about the Forum than about France itself."

Sunday 25th August

Japanese delegation:

Is this your first visit to France? What do you think about French people?

"Yes, and I find the French people very sociable and kind. French is a very beautiful language and the French are very beautiful as well."

Spanish delegation:

"No and the French at the Forum are very nice and always ready to help."

Congolese delegation:

"No, but I think that the French people are smoking too much. Even if they are cool, I do not like their music, especially rap."

Austrian delegation:

"Yes, this is my first time in France, and I find the French people very kind and very committed."

Slovak delegation:

"Yes, and I find them nice... and a little bit small."

Greek delegation:

"No. The people are nice whether on the Forum or in the city. The French language is very beautiful."

Monday 26th August

Kenyan delegation:

How was the knowledge test?
 "The questionnaire was both simple and complicated. I was rather confident, and I felt well prepared. I was expecting these questions because they are the kinds of questions we have been prepared for."

German delegation:

"It was very simple; I was well prepared, so I was not really stressed. There were questions I expected. It was only the first page that was difficult for me."

Cypriot delegation:

"Since I had learned a lot at home, I did not find the test difficult. Most questions seemed obvious."

Malaysian delegation:

"The last page of the test was simple because it concerned the Olympics but since this is my first participation in a Forum, the rest was a little more complicated. I was still a little nervous."



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Tuesday 27th August

Japanese delegation:

Congolese delegation:

Austrian delegation:

Greek delegation:

Do you like the city of Mâcon?

"The city has got beautiful buildings! I definitely want to come back."

"The city is nice. It's quite small but very cute!"

"We really do love the city, especially the city-center."

"Mâcon is a beautiful town."

Wednesday 28th August:

What do you think about this Forum?

Japanese delegation:

"It's very good to meet people from all around the world."

Spanish delegation:

"It's a very good idea and it would be better if it could be every year."

Congolese delegation:

"It's very cool! We love the idea and it's the perfect place to mingle, meet new people and make new friends."

Austrian delegation:

"It's a real chance for us to meet new people and make friends."

Slovak delegation:

"Great experience!"

Greek delegation:

"We would say: Interesting, funny, really good!"

Thursday 29th August

Did you make friends from other countries?

Japanese delegation:

"Yes! Some friends from Spain, Austria, Ukraine and Greece."

Congolese delegation:

"Yes of course! People from the same room or the ones who are sitting with us during lunchtime and dinner."

Austrian delegation:

"We did: new friends from Norway, Slovakia, Germany..."

Friday 30th August

Are you enjoying your stay here?

Congolese delegation:

"At the beginning we were afraid of being alone or getting bored, but actually we're really enjoying our stay here! Only one evening was a bit annoying."

Austrian delegation:

"Yes of course!"

Greek delegation:

"Yes! It's really a lot of fun and we like to talk to people."



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The Forum Baton Goes To Cyprus!



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THANK YOU!

MERCI BEAUCOUP!



With the meeting of students from all over the world in Mâcon, another great Youth Forum was celebrated. The preparations for this 12th edition of the CIPC Youth Forums took more than two years in order to make it a successful one.

Like with the Olympic Games, many helping hands were involved. This wonderful week loaded with great moments and once in a lifetime experiences for all of the participants would not have been possible without the outstanding commitment and creativity of the workshop leaders, the dedication of the volunteers from CDOS 71, CFPC and the enthusiasm of so many wonderful young people from the region of Burgundy.

Many thanks to all of them:

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